

CAROLYN PICKENS COLEMAN

BIOGRAPHY



Carolyn Pickens Coleman is a wife, mother, daughter, sister, cousin, friend and co-worker from Bessemer, Alabama. Carolyn has a Bachelor of Science in Nursing from Samford University and a Master of Arts in Health Service Administration from Strayer University. As an active member of the **Birmingham Black Nurses Association, Inc.**, she has served as the Chairperson of the Outreach Committee for two years during the height of COVID, in which she assisted in coordinating and administering COVID vaccines and blood pressure screening, and other outreach activities. She proudly served three years as President of the Bessemer Public Library Trustee Board with her term ending September 22, 2023. Mrs. Coleman also serves as an Advisory Board Member of **C.H.L.M.S. Medi-Helpz Foundation**, a Board-Certified Professional Advocacy company, who works diligently to educate patients

about their rights, responsibilities, and options during wellness and sickness.

With over 37-years of professional experience as a Registered Nurse, Carolyn's nursing career has been as a critical care nurse, and presently as a nurse case manager and adjunct clinical instructor. She has worked with hospital administrators to set up plans regarding complex patient cases, concentrating on outcome management, utilizing best practices, and advocating for patients.

Mrs. Coleman is the author of a **five-book series** about a fictional contemporary friendship whose title character name is, Gentry. In the first book of this series, **Happiness Hurt Healing**, Gentry faces life choices and experiences dealing with healing after heartbreak. In the second book of this series, **Re-entry of Gentry**, Gentry is back stronger than before. Can she and Victor rekindle what they've lost? **Gentry's Journey** is the third book of this series, where Gentry focus on trust building, making tough decisions work, and what she will do for the ones she loves. With the success of the first three books in the Gentry series, the fourth book, **Gentry's Circle of Friends**, created by popular demand, gives detailed background information of how Gentry

met her close friends and how they stay together. The final installment, **The Stethoscope**, is more than listening, it touches on how Gentry change careers from educating young adults to becoming a nurse and the demand so of her new profession. Truth is stranger than fiction, or is it?

Carolyn is currently working on her next project of short stories entitled, **Life**, launching by the end of 2023.

Mrs. Coleman is a motivational speaker specializing in women's empowerment and health topics. Her podcast, Gentry's Journey, is active on Amp at <https://live.onamp.com> (follow: @carolync), as well as, soundhead.com-gentryjourney1.

Writing is cathartic for Carolyn. She enjoys reading and staying active with line dancing, walking, and spending time with family and friends. She stays connected with her closest friends by attending monthly dinners.

ANTHOLOGIES

Carolyn has co-authored two #1 best-selling anthologies, one also being an international best seller. She has also joined a group of esteemed authors in, *She Said Yes to Herself Unapologetically*.

1. **The Breaking Point: When Life Requires a Shift**
2. **Raising Children Is Not Easy, but It's Worth It**
3. **She Said Yes to Herself Unapologetically: The Empowerment Guide for Women**

INTERVIEWS

2023

- Sandra's Author Forum
- The Book Slam Clubhouse
- My Heart on Pages: Laquita Parks (paprovipublishing.com)
- Travia Inspirational Radio – Church Hurt with Host Jacqueline Cox
- The Vera Thomas Show (Raising Children)
- LaDonna McAbee – Monday Mojo (Raising Children)
- Fredrick Beaty – Trailblazer Radio- The Author's Alley (Raising Children)
- Listen Linda on AMP – The Authentic Advocator
- Dr. Kevin Vaughn – SSY2HU Interview
- Cyruss Webb
- 105 Publishing Way Publishing – Episode #51
- Author's Chat with Queenie

- Queenies' Book Talk
- I AM Magazine International

2022

- Hardcore Grind
- Books, Tea & Kdrama
- Lillie Mae the Collective- It's Consulting Time-Literacy Matter
- The Kim Jacobs Show
- The Black Book Show
- Let's Chat with Toni and Lisha on Clubhouse (after The Breaking Point)
- The Breaking Point virtual book tour
- The Soulful Chicago Virtual Book Fair – The Metaverse

CONNECT WITH MRS. CAROLYN PICKENS COLEMAN:

<https://cpwbookshelf.com>

https://www.instagram.com/carolyn_author/

<https://www.facebook.com/people/Carolyn-Coleman>

<https://live.onamp.com> (follow: @carolync)

[Soundhead.com-gentryjourney1](https://soundhead.com-gentryjourney1)